



2021 PGXC PETER GLAVIN CROSS COUNTRY SERIES

Updated 8/03/2021

PGXC Website: <http://www.gvh.net/pete-glavin-xc-series/>

Contact: pgxcseries@gmail.com

Registration: <https://runsignup.com/PGXC>

Results: <https://run4results.com>

Individual Age Groups - Men and Women

Youth (U19), Open (19-39), Master (40-49), Veteran (50-59), Super Vets (60-69), Ultra Vets (70+)

Individual Scoring

In each Series race, the top 15 finishers in each age-group will receive points on a 20-17-14-12-11-10-9-8-7-6-5-4-3-2-1 basis.

Individual Series-End Awards

Awards will be presented to top Age Group finisher as well as the top 10 finishers in each age-group based on points accumulated throughout the series.

Note:

- (1) Best 4 races count
- (2) Runners must compete on Championship Day to be eligible for individual Series-end awards.
- (3) Individual scoring is based on the athlete's age on their first series race of the season

Team Divisions	Team Limit	Scoring	Ages
Men Open	9	5	men all ages
Men Masters	9	5	men all 40+
Men Veteran	9	5	men all 50+
Men Super Veteran	5	3	men all 60+
Men Ultra Veteran	5	3	men all 70+
Women Open	9	5	women all ages
Women Masters	5	3	women all 40+
Women Veteran	5	3	women all 50+
Women Super Veteran	5	3	women all 60+
Women Ultra Veteran	5	3	women all 70+
Youth CO-ED	9	5	Youth U19

Team Scoring

In each Series race, the Top 5 finishing teams in each division will receive points on a 6-4-3-2-1 basis.

Team Series-End Awards

Awards will be presented to the predominant scoring members in each division. Teams that score 5 will receive at least 9 awards and teams that score 3 will receive at least 5 awards.

2021 Peter Glavin Cross Country Series Rules and Regulations

1. Team divisions contested shall be Youth (YW & YM) consisting of runners under 19, Open Men (OM) & Open Women (OW) which consist of runners 19-39, Master Men (MM) and Master Women (MW) which consist of runners 40 & older, Veteran Men (VM) and Veteran Women (VW), which consist of runners 50 & older, Super Veteran Men (SVM) and Super Veteran Women (SVW) 60 & over and Ultra Veteran Men (UVM) and Ultra Veteran Women (UVW) 70 & over
2. Individual divisions contested shall be Youth Men (YM) & Youth Women (YW) consisting of runners under 19, Open Men (OM) & Open Women (OW) which consist of runners of any age, Master Men (MM) and Master Women (MW) which consist of runners 40-49, Veteran Men (VM) and Veteran Women (VW), which consist of runners 50-59, Super Veteran Women (SVW) and Super Veteran Men (SVM) 60-69, Ultra Veteran Men (UVM) and Ultra Veteran Women (UVW) 70+.
3. A runner's age for individual scoring shall be determined on the first day they race and they will remain in that age group throughout the series.
4. A runner's age for team scoring shall be determined by the age he/she is on the day they are part of a team declared for a specific race. For example: Runner X may be 49 on their first race and changes age groups at the next race. They may run on the 50-59 team or younger. Individually they will score as a 49 year-old throughout the series.
5. Open Men, Open Women, Master Men & Veteran Men's teams may declare up to 9 runners per team. **Declarations must be made on-line by 6pm the day prior to each race.** Team scoring in these divisions shall be the total of the finishing positions of the top 5 finishers for each declared team. The team with the lowest total points is the winner.
6. Master Women, Veteran Women and Super Veteran Men and Super Veteran Women's teams may declare up to 5 runners per team. **Declarations must be made on-line by 6pm the day prior to each race.** Team scoring in these divisions shall be the total of the finishing positions of the top 3 finishers for each declared team. The team with the lowest total points is the winner.
7. Each team will be allowed limited changes from their on-line declared roster on race day.
8. Runners of incomplete teams, teams from other divisions, team entries not declared eligible for team scoring, and unattached or individual competitors will be eliminated from team scoring. Non-scoring declared members of complete teams within each division shall retain their finishing positions and thereby displace other team runners within that division.
9. Each team division will be scored independently. Runners not eligible for a team division will be eliminated from team scoring in that division.
10. If a team fails to finish with a complete scoring team, the team members finishing shall be counted as individuals in the race results and shall still be eligible to receive individual awards.
11. Ties shall be resolved by determining which team's last scoring member (normally 5th runner in OM, OW, MM and VM divisions; and the 3rd runner in MW, VW, SVM, SVW, UVM and UVW divisions).
12. Runners may not switch club teams during the series except to move to another division for the same club team. A runner may drop from a club team and run unattached for the remainder of the series.
13. A runner may compete in only one Series' team division on any given race day.
14. The Top 15 finishers in each division will receive individual Series' points on a 20-17-14-12-11-10-9-8-7-6-5-4-3-2-1 basis for each series race.
15. The Top 5 teams in each division in each race will receive team Series' points on a 6-4-3-2-1 basis.
16. Final point totals will be based on a runner's best four (4) races. You must compete on Championship Day to be eligible for Individual Series-End awards. Ties will be broken by head-to-head finish comparisons and then the number of races finished.
17. Individual awards will be presented to the age-group winners only for each individual Series' race. As tradition dictates, the winning team in each division will receive a case of good beer for each individual Series' race or other similar award for the members.
18. A runner may compete for a Club on Championship Day only if that runner has competed in at least one of the first 4 Series' races as part of that Club.
19. If teams end up tied on points after the series, the winning team on Championship Day will win the series.
20. Decisions of the Series' Directors are final and without appeal.