

# 2019 Pete Glavin Cross Country (PGXC) Series

## Hosted by the Genesee Valley Harriers Running Club

### Race Entry Form and Information

For more **information** (past results and series rules) go to: <http://www.gvh.net/pete-glavin-xc-series/>

Check appropriate boxes and fees:  
The Series includes all of the five races listed below:

Series Entry:

- \$80.00 – After 9/07/19 Entry – Five Race Series and includes a tech running shirt

Individual Race Entry:

**Individual Race \$20.00**

- Sunday 9/08 - Liverpool - 5k – Long Branch Park - 11:00am
- Sunday 9/22 - Fairport - 6k – Center Park - 11:00am
- Sunday 10/06 – Akron Falls - 6k – Akron Falls Park - 11:00am
- Sunday 10/27 - Trumansburg - 6k – Taughannock Falls State Park - 11:00am
- Sunday 11/03 - Canandaigua – FLCC - 8k - 11:00am - PGXC Series Championship - USATF Niagara Masters Championship

To register ONLINE go to: <https://runsignup.com/Race/NY/Rochester/PeteGlavinXCSeries>

OR

Make checks to: Genesee Valley Harriers

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City/Town \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ 2019 USATF # \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Age \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender:  M  F

Email \_\_\_\_\_

Club:  Alternative TC  Auburn Pulsars  The B Team  Bergen Elite  Checkers AC  Cornell Running Club  Corning  
 FLRC  GBTC  GVH  High Noon  RoadKill  Syracuse TC  Unattached  Other \_\_\_\_\_

**WAIVER:** *I know that running a cross country, trail or road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by the decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and/or walking in this event including, but not limited to, falls, contact with other runners, the effects of the weather, including high heat and/or humidity and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release, the Genesee Valley Harriers Running Club Inc. including its members and officers, the race site owners and/or municipality where they are located, the race director, race committee and any and all sponsors and workers from any claims or liabilities of any kind arising out of my participation in this event. I understand that all entry fees are non-refundable. I have read the information provided and certify my agreement and compliance with my signature.*

**SIGNATURE** \_\_\_\_\_ **Parent Signature if under 18 yrs.** \_\_\_\_\_ **Date:** \_\_\_\_\_



For race director use:	
Bib #	
PAID	\$ _____ Check# _____
CLUB	
TEAM	Men Women Open 40 50 60 70 A B C