



## 2017 PGXC PETER GLAVIN CROSS COUNTRY SERIES

Updated 6/23/2017

### 2017 SERIES DETAILS

The Genesee Valley Harriers Running Club, <http://www.gvh.net/pete-glavin-xc-series/> Series

**Director:** Mike Nier, [pgxcseries@gmail.com](mailto:pgxcseries@gmail.com)

**Registration:** <https://runsignup.com/Race/NY/Rochester/PeteGlavinXCseries>

**Series Timer:** Yen Timing:

Series sign-in by Captains to declare teams is done at <http://pguny.yentiming.com/>

### Schedule:

Sunday 9/10 - Syracuse - 5k - Clay Central Park - 11:00am

Sunday 9/24 - Akron Falls - 6k – Akron Falls County Park - 11:00am

Sunday 10/08 - Ithaca - 6k – Watkins Glen State Park - 11:00am

Sunday 10/29 - Rochester - 6k - Genesee Valley Park - 11:00am - includes *Niagara USATF Championships*

Sunday 11/12 - Canandaigua - 6k, 8k – Finger Lakes Community College - PGXC Series Championship-

11 am - 6k Women's Championship

11:40 - Men's 8k Championship

### Individual Age Groups - Men and Women

Open (39 & under), Master (40-49), Veteran (50-59), Super Vets (60-69), Ultra Vets (70+)

### Individual Scoring

In each Series race, the top 15 finishers in each age-group will receive points on a 20-17-14-12-11-10-9-8-7-6-5-4-3-2-1 basis.

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### Team Divisions

#### Men

Open (max of 8, top 5 score)...men of any age

Masters (max of 8, top 5 score)...men all 40+

Veteran (max of 8, top 5 score)...men all 50+

Super Vet (max of 5, top 3 score)...men all 60+

Ultra Vet (max of 5, top 3 score)...men all 70+ (newly established 2016)

#### Women:

Open (max of 8, top 5 score)...women of any age

Masters (max of 5, top 3 score)...women all 40+

Veteran (max of 5, top 3 score)...women all 50+

Super Vet (max of 5, top 3 score)...women all 60+

Ultra Vet (max of 5, top 3 score)...women all 70+

## **Team Scoring**

In each Series race, the Top 5 finishing teams in each division will receive points on a 6-4-3-2-1 basis.

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## **AWARDS FOR INDIVIDUAL SERIES RACES**

Awards will be presented to the individual age-group winners for each series race.

Awards will be presented to the winning team in each division at each race.

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## **Individual Series-End Awards**

Awards will be presented to the top finishers in each age-group based on points accumulated throughout the series. Top

10 Open Men

Top 10 Masters Men

Top 10 Veteran Men

Top 5 Super Vet Men

Top 3 Ultra Vet Men

Top 10 Open Women

Top 10 Masters Women

Top 10 Veteran Women

Top 5 Super Vet Women

Top 3 Ultra Vet Women

Note:

(1) Best 4 races count.

(2) Runners must compete on Championship Day to be eligible for an individual Series-end awards.

(3) Individual scoring is based on the athlete's age on their first series race of the season.

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## **Team Series-End Awards**

Awards will be presented to the predominant scoring members of the following teams in each division:

Top 3 Open Men's Teams – 8 awards each

Top 3 Masters Men's Teams – 8 awards each

Top 3 Veterans Men's Team – 8 awards each

Top 3 Super Veterans Men's Team – 5 awards

Top 2 Ultra Veterans Men's Team – 5 awards

Top 3 Open Women's Teams – 8 awards each

Top 3 Masters Women's Teams – 5 awards each

Top 3 Veteran Women's Team – 5 awards

Top 2 Super Veteran Women's Team – 3 awards

Top 2 Ultra Veteran Women's Team – 3 awards

## 2017 Peter Glavin Cross Country Series Rules and Regulations

1. Team divisions contested shall be Open Men (OM) & Open Women (OW) which consist of runners of any age, Master Men (MM) and Master Women (MW) which consist of runners 40 & older, Veteran Men (VM) and Veteran Women (VW), which consist of runners 50 & older, Super Veteran Men (SVM) and Super Veteran Women (SVW) 60 & over and **Ultra Veteran Men (UVM) and Ultra Veteran Women (UVW)**
2. Individual divisions contested shall be Open Men (OM) & Open Women (OW) which consist of runners of any age, Master Men (MM) and Master Women (MW) which consist of runners 40-49, Veteran Men (VM) and Veteran Women (VW), which consist of runners 50-59, Super Veteran Women (SVW) and Super Veteran Men (SVM) 60-69, **Ultra Veteran Men (UVM) and Ultra Veteran Women (UVW) 70+**.
3. A runner's age for individual scoring shall be determined on the first day they race and they will remain in that age group throughout the series.
4. A runner's age for team scoring shall be determined by the age he/she is on the day they are part of a team declared for a specific race. For example: Runner X may be 49 on their first race and changes age groups at the next race. They may run on the 50-59 team or younger. Individually they will score as a 49 year-old throughout the series.
5. Open Men, Open Women, Master Men & Veteran Men's teams may declare up to 8 runners per team. Declarations must be made on-line by 6pm the day prior to each race. Team scoring in these divisions shall be the total of the finishing positions of the top 5 finishers for each declared team. The team with the lowest total points is the winner.
6. Master Women, Veteran Women and Super Veteran Men and Super Veteran Women's teams may declare up to 5 runners per team. Declarations must be made on-line by 6pm the day prior to each race. Team scoring in these divisions shall be the total of the finishing positions of the top 3 finishers for each declared team. The team with the lowest total points is the winner.
7. Each team will be allowed one change (addition and/or deletion) from their on-line declared roster on race day. All changes must be submitted in writing no later than 15 minutes prior to the scheduled start time for the race. This rule may be relaxed by the race director and timers.
8. Runners of incomplete teams, teams from other divisions, team entries not declared eligible for team scoring, and unattached or individual competitors will be eliminated from team scoring. Non-scoring declared members of complete teams within each division (maximum of 8 for OM, OW, MM & VM; and maximum of 5 for MW, VW, SVM and SVW) shall retain their finishing positions and thereby displace other team runners within that division.
9. Each team division will be scored independently. Runners not eligible for a team division will be eliminated from team scoring in that division.
10. If a team fails to finish with a complete scoring team, the team members finishing shall be counted as individuals in the race results and shall still be eligible to receive individual awards.
11. Ties shall be resolved by determining which team's last scoring member (normally 5<sup>th</sup> runner in OM, OW, MM and VM divisions; and the 3<sup>rd</sup> runner in MW, VW, SVM and SVW divisions) finished nearer to first place.
12. Runners may not switch club teams during the series except to move to another division for the same club team. A runner may drop from a club team and run unattached for the remainder of the series.
13. A runner may compete in only one Series' team division on any given race day.
14. The Top 15 finishers in each division will receive individual Series' points on a 20-17-14-12-11-10-9-8-7-6-5-4-3-2-1 basis for each series race.
15. The Top 5 teams in each division in each race will receive team Series' points on a 6-4-3-2-1 basis.
16. Final point totals will be based on a runner's best four (4) races. You must compete on Championship Day to be eligible for Individual Series-End awards. Ties will be broken by head-to-head finish comparisons and then the number of races finished.
17. Individual awards will be presented to the age-group winners only for each individual Series' race. As tradition dictates, the winning team in each division will receive a case of good beer for each individual Series' race or other similar award for the members.
18. A runner may compete for a Club on Championship Day only if that runner has competed in at least one of the first 4 Series' races as part of that Club.
19. If teams end up tied on points after the series, the winning team on Championship Day will win the series. (Newly established in 2014)
20. Decisions of the Series' Directors are final and without appeal.