

**PGUNYXC Series 5 - 11/20/2011**  
**Niagara Association Open XC Championship**  
**Finger Lakes CC**  
**Results**

**Men 8k Run CC USATF Open**

| Name                 | Age | Team               | Finals   | Age-Grading | Points |
|----------------------|-----|--------------------|----------|-------------|--------|
| Results - Men        |     |                    |          |             |        |
| 1 Carlstrom, Casey   | 52  | High Noon AC       | 29:40.01 | 25:31.88    | 83.03% |
| 2 Rybinski, Mark     | 56  | Genesee Vall       | 30:48.14 | 25:38.40    | 82.68% |
| 3 Chichester, Tim    | 23  | Gen Valley Open I  | 26:09.43 | 26:09.44    | 81.05% |
| 4 Bischoff, Dave     | 49  | Gen Valley Open I  | 29:54.89 | 26:22.56    | 80.39% |
| 5 Mora, Joe          | 50  | Syracuse Veteran I | 30:10.84 | 26:23.95    | 80.29% |
| 6 Way, Billy         | 23  | High Noon Open I   | 26:26.44 | 26:26.45    | 80.18% |
| 7 Andrews, Charlie   | 54  | Gen Valley Open I  | 31:25.61 | 26:36.17    | 79.71% |
| 8 Hughes, Don        | 54  | Syracuse Veteran I | 31:26.10 | 26:36.59    | 79.69% |
| 9 Radford, Gary      | 55  | Genesee Vall       | 31:52.98 | 26:45.95    | 79.20% |
| 10 Fay, Charlie      | 59  | High Noon AC       | 33:00.74 | 26:46.98    | 79.16% |
| 11 Vodacek, Anthony  | 53  | Genesee Vall       | 31:24.43 | 26:48.55    | 79.07% |
| 12 Evens, Alan       | 48  | una                | 30:30.12 | 27:06.62    | 78.19% |
| 13 Cummins, Brian    | 56  | High Noon AC       | 32:35.76 | 27:07.98    | 78.13% |
| 14 Hartshorne, Tom   | 57  | High Noon AC       | 32:53.56 | 27:08.98    | 78.08% |
| 15 Cico, John        | 52  | Syracuse Veteran I | 31:34.59 | 27:10.49    | 78.01% |
| 16 Wood, Doug        | 61  | Syracuse TC        | 34:22.46 | 27:24.20    | 77.38% |
| 17 O'Hara, Chip      | 30  | Syracuse Open I    | 27:28.90 | 27:24.78    | 77.32% |
| 18 May, Jim          | 65  | Genesee Vall       | 35:43.01 | 27:28.19    | 77.18% |
| 19 Ward, Dave        | 60  | Checkers AC        | 34:09.99 | 27:28.81    | 77.17% |
| 20 Raybuck, Mark     | 53  | una                | 32:26.83 | 27:41.82    | 76.53% |
| 21 Hulslander, Ron   | 55  | High Noon AC       | 33:12.41 | 27:52.63    | 76.04% |
| 22 Paget, Ted        | 60  | Checkers AC        | 34:47.18 | 27:58.72    | 75.80% |
| 23 McConville, AJ    | 21  | High Noon Open I   | 28:07.31 | 28:00.74    | 75.68% |
| 24 Perks, Joshua     | 37  | Road Kill Open I   | 29:04.06 | 28:05.12    | 75.51% |
| 25 Nicholson, Marty  | 24  | Syracuse Open I    | 28:06.38 | 28:06.39    | 75.43% |
| 26 Kinney, Dennis    | 51  | Genesee Vall       | 32:32.03 | 28:13.59    | 75.10% |
| 27 Maki, Eric        | 50  | High Noon AC       | 32:20.61 | 28:17.46    | 74.92% |
| 28 Crandall, Adam    | 35  | Gen Valley Open I  | 29:00.48 | 28:23.59    | 74.69% |
| 29 Vankerkhove, John | 49  | Genesee Vall       | 32:17.59 | 28:28.38    | 74.47% |
| 30 Bickham, Scott    | 45  | Genesee Vall       | 31:17.76 | 28:28.58    | 74.45% |
| 31 Seug, Michael     | 33  | Unattached Open I  | 28:52.45 | 28:32.53    | 74.29% |
| 32 Lane, Dan         | 22  | Road Kill Open I   | 28:33.50 | 28:32.82    | 74.29% |
| 33 Mason, Wayne      | 54  | Syracuse Veteran I | 33:48.42 | 28:37.06    | 74.10% |
| 34 Lamme, Thomas     | 64  | Genesee Vall       | 36:53.12 | 28:37.61    | 74.06% |
| 35 Smith, David      | 17  | una                | 29:59.58 | 28:38.60    | 74.02% |
| 36 Bigham, Jeff      | 30  | Road Kill Open I   | 28:45.03 | 28:40.72    | 73.91% |
| 37 Hicks, Steve      | 28  | Syracuse Open I    | 28:41.13 | 28:40.96    | 73.90% |
| 38 Engst, Adam       | 44  | High Noon AC       | 31:19.50 | 28:43.32    | 73.80% |
| 39 Dunham, Bruce     | 49  | High Noon AC       | 32:39.83 | 28:47.99    | 73.63% |
| 40 Sambolec, Eric    | 34  | High Noon Open I   | 29:18.01 | 28:49.89    | 73.55% |
| 41 Bowen, David      | 59  | Genesee Vall       | 35:39.18 | 28:55.52    | 73.30% |
| 42 Lindo, Ed         | 51  | Syracuse Veteran I | 33:25.95 | 29:00.37    | 73.08% |
| 43 Blackmore, Ron    | 58  | Genesee Vall       | 35:29.24 | 29:02.58    | 72.98% |
| 44 Bradshaw, Dave    | 33  | Gen Valley Open I  | 29:23.03 | 29:02.76    | 73.00% |
| 45 Gray, Greg        | 45  | Genesee Vall       | 31:57.85 | 29:05.06    | 72.89% |
| 46 Insler, Michael   | 28  | Road Kill Open I   | 29:09.84 | 29:09.67    | 72.69% |
| 47 Rhyant, Sid       | 50  | Syracuse Veteran I | 33:28.70 | 29:17.02    | 72.39% |
| 48 Dodge, Brian      | 58  | Genesee Vall       | 36:01.10 | 29:28.65    | 71.91% |
| 49 McCutcheon, Rich  | 51  | High Noon AC       | 33:58.90 | 29:28.96    | 71.90% |
| 50 Machulskis, Tony  | 52  | Genesee Vall       | 34:18.31 | 29:31.39    | 71.81% |
| 51 Harter, Josh      | 36  | Gen Valley Open I  | 30:22.18 | 29:32.80    | 71.73% |

**PGUNYXC Series 5 - 11/20/2011**  
**Niagara Association Open XC Championship**  
**Finger Lakes CC**  
**Results**

**...Men 8k Run CC USATF Open**

|     |                     |    |                    |          |          |        |
|-----|---------------------|----|--------------------|----------|----------|--------|
| 52  | Hungerford, Chanse  | 23 | Road Kill Open I   | 29:37.25 | 29:37.26 | 71.57% |
| 53  | Scott, Keith        | 49 | Genesee Vall       | 33:35.72 | 29:37.27 | 71.59% |
| 54  | McElroy, Brian      | 50 | Greater Buff       | 33:54.88 | 29:39.92 | 71.45% |
| 55  | Cocquyt, Michael    | 25 | Gen Valley Open I  | 29:40.34 | 29:40.35 | 71.45% |
| 56  | Clauss, Bill        | 60 | Genesee Vall       | 36:53.57 | 29:40.38 | 71.47% |
| 57  | Kelly, Kevin        | 60 | Syracuse TC        | 36:56.08 | 29:42.40 | 71.39% |
| 58  | Gingello, Tony      | 64 | Genesee Vall       | 38:18.47 | 29:43.85 | 71.31% |
| 59  | Schultheis, Josh    | 23 | High Noon Open I   | 29:54.24 | 29:54.25 | 70.89% |
| 60  | Silverstein, Brian  | 18 | una                | 30:56.58 | 29:55.32 | 70.83% |
| 61  | Castor, Rob         | 25 | Road Kill Open I   | 30:00.77 | 30:00.78 | 70.64% |
| 62  | Wilkins, Bruce      | 58 | Genesee Vall       | 36:46.41 | 30:05.73 | 70.43% |
| 63  | Moore, Mitch        | 57 | Genesee Vall       | 36:28.81 | 30:06.65 | 70.40% |
| 64  | Archie, Damian      | 19 | High Noon Open I   | 30:47.25 | 30:08.46 | 70.32% |
| 65  | Huddle, Bob         | 64 | High Noon AC       | 38:58.38 | 30:14.82 | 70.09% |
| 66  | Despreany, Zachary  | 17 | una                | 31:40.97 | 30:15.43 | 70.07% |
| 67  | Wheelless, Robin    | 51 | Syracuse Masters I | 35:02.17 | 30:23.85 | 69.74% |
| 68  | Crandall, Wayne     | 48 | Genesee Vall       | 34:16.35 | 30:27.69 | 69.59% |
| 69  | Barry, Len          | 48 | Syracuse Masters I | 34:20.01 | 30:30.94 | 69.47% |
| 70  | Roberts, Matt       | 27 | Road Kill Open I   | 30:39.37 | 30:39.38 | 69.15% |
| 71  | Herrick, Michael    | 42 | Syracuse Masters I | 32:58.09 | 30:41.61 | 69.06% |
| 72  | Frahm, Matt         | 31 | Gen Valley Open I  | 30:55.06 | 30:46.16 | 68.89% |
| 73  | Engman, Herb        | 66 | High Noon AC       | 40:25.24 | 30:48.04 | 68.82% |
| 74  | Mackenzie, Samuel   | 28 | Syracuse Open I    | 30:51.49 | 30:51.31 | 68.70% |
| 75  | Yeates, Keith       | 64 | Genesee Vall       | 39:50.71 | 30:55.44 | 68.56% |
| 76  | Campagna, Joe       | 26 | Syracuse Open I    | 31:07.43 | 31:07.44 | 68.12% |
| 77  | Scalfone, Nick      | 26 | High Noon Open I   | 31:17.28 | 31:17.29 | 67.76% |
| 78  | Smith, Jerry        | 68 | Syracuse TC        | 41:50.68 | 31:17.74 | 67.75% |
| 79  | Clemens, Kristian   | 19 | High Noon Open I   | 32:08.61 | 31:28.11 | 67.35% |
| 80  | Morales, Matt       | 23 | Road Kill Open II  | 31:31.53 | 31:31.54 | 67.25% |
| 81  | Muhlnickel, Tony    | 58 | Syracuse Veteran I | 38:31.75 | 31:31.94 | 67.22% |
| 82  | Lam, Michael        | 21 | High Noon Open I   | 31:41.54 | 31:34.13 | 67.16% |
| 83  | Benotti, Mark       | 47 | Genesee Vall       | 35:17.55 | 31:36.91 | 67.06% |
| 84  | Riccardi, Pat       | 61 | Syracuse TC        | 40:03.08 | 31:55.74 | 66.41% |
| 85  | VanKerkhove, Dennis | 52 | Genesee Vall       | 37:06.78 | 31:56.37 | 66.37% |
| 86  | Reif, Mike          | 63 | Genesee Vall       | 41:10.73 | 32:15.08 | 65.73% |
| 87  | Wrobel, Patrick     | 59 | Genesee Vall       | 39:52.87 | 32:21.34 | 65.53% |
| 88  | Weaver, Al          | 58 | Syracuse Veteran I | 39:54.45 | 32:39.62 | 64.90% |
| 89  | Bland, Bert         | 59 | High Noon AC       | 40:19.03 | 32:42.56 | 64.82% |
| 90  | Burke, Ryan         | 24 | Road Kill Open II  | 32:47.11 | 32:47.12 | 64.66% |
| 91  | Gensheimer, William | 30 | una                | 32:57.01 | 32:52.07 | 64.49% |
| 92  | Vanboden, Kevin     | 43 | Syracuse Masters I | 35:36.64 | 32:54.26 | 64.45% |
| 93  | Matthews, Brian     | 31 | Gen Valley Open II | 33:04.37 | 32:54.85 | 64.40% |
| 94  | Mckee, Dan          | 45 | High Noon AC       | 36:17.74 | 33:01.53 | 64.19% |
| 95  | Glinsky, Jim        | 65 | Genesee Vall       | 42:58.95 | 33:03.48 | 64.13% |
| 96  | Austin, John        | 56 | Syracuse Veteran I | 40:00.42 | 33:18.12 | 63.66% |
| 97  | Lavis, Greg         | 56 | Checkers Masters I | 40:00.93 | 33:18.54 | 63.64% |
| 98  | Cowburn, Rick       | 51 | Syracuse Veteran I | 38:55.59 | 33:46.36 | 62.77% |
| 99  | Telarico, Dick      | 73 | Unattached S       | 48:03.81 | 33:47.61 | 62.73% |
| 100 | Carroll, Dave       | 46 | Checkers Masters I | 37:42.34 | 34:02.45 | 62.28% |
| 101 | Ferrimani, Jay      | 52 | Genesee Vall       | 39:43.82 | 34:11.52 | 62.00% |
| 102 | Krichbaum, William  | 43 | Syracuse Masters I | 38:45.58 | 35:48.84 | 59.21% |
| 103 | Neal, Sam           | 61 | Checkers AC        | 45:48.26 | 36:30.92 | 58.07% |
| 104 | Taylor, Mike        | 42 | Greater Buff       | 39:15.05 | 36:32.56 | 58.00% |
| 105 | Hasenauer, Mike     | 59 | una                | 45:13.87 | 36:41.77 | 57.78% |

**PGUNYXC Series 5 - 11/20/2011**  
**Niagara Association Open XC Championship**  
**Finger Lakes CC**  
**Results**

**....Men 8k Run CC USATF Open**

|                      |                       |          |          |        |
|----------------------|-----------------------|----------|----------|--------|
| 106 Hoban, Mike      | 58 una                | 46:03.69 | 37:41.81 | 56.23% |
| 107 Caton, Matthew   | 48 Alternative TC M   | 42:43.50 | 37:58.44 | 55.82% |
| 108 Turner, Guy      | 32 Unattached Open I  | 38:20.51 | 38:02.57 | 55.73% |
| 109 Hasenauer, Ryun  | 23 una                | 38:42.64 | 38:42.65 | 54.77% |
| 110 Heerkens Jr, Ron | 31 Gen Valley Open II | 39:32.93 | 39:21.55 | 53.86% |
| 111 Eckler, TR       | 27 una                | 39:29.11 | 39:29.12 | 53.69% |