

JENSEN STABLES Ultimate XC Challenge - REGISTRATION FORM:
 3rd Annual Event - Sunday, October 18, 2009 (10:00am) 12K/2K kid's options



Participant Name _____ Age _____ M/F _____
 Address _____
 E-mail Address (if any) _____ Club Affiliation (if any) _____
 Phone _____ Emergency Contact & Phone _____

Shirt size: XL _____ L _____ M _____ S _____

Registration Fees: (fee includes Race, technical shirt from Innovative Edge Sports, on-course refreshments, and post race party including hot food and music. Proceeds will benefit GVH, the Crescent Trail Association, Genesee Valley Girl Scouts and Perinton Pride Foundation. Extra donation (tax deductible) would be greatly appreciated.

Cost/Person	Total
\$20 – 12K through Oct. 11 (\$30 after)	
\$10 kids - 2K	
\$10 Extra post race lunch tickets (for non-racers) * # needed (____) =	
Extra Charitable donation:	
Grand Total:	

Are you part of a 3 person team (best combined time wins)?	M _____ F _____ Mixed _____	Team Name _____
	Military/Fire/Police _____	Teammates _____ _____ _____

Note: Winning teams in each of the categories will receive team awards

**Checks should be payable to: GVH
 and mailed to: Jensen Stables XC, 75 Misty Pine Road, Fairport, NY 14450**

WAIVER & RELEASE FORM

The undersigned wishes to participate in the Jensen Stables Ultimate XC Challenge running race (hereafter termed "JSXC") fully understanding the inherent risks involved in running, and particularly in cross-country or trail racing, and knowingly accepting those risks. For myself, my heirs and legal representatives, I hereby release, indemnify and agree to hold harmless Jensen Stables and the Genesee Valley Harriers, including the race organizers, any member and their officers, directors, representatives, employees, agents, volunteers, participants and sponsors of and from any and all losses, costs, damages, claims, demands, rights and causes of action of whatever kind or nature, including reasonable attorney fees, and including any and all negligence claims or causes of action, which may arise and which result from illness, personal injuries, property damage, death or of any other damages or injuries not included herein, occurring during, or as a result of, my participation in the JSXC race. In further consideration of my being granted the right to participate in the JSXC, I do hereby consent to and authorize GVH, its officers, directors, representatives, employees, agents, volunteers, participants and sponsors, to obtain emergency medical treatment for me in case of any illness or injury resulting from or occurring during my participation in the JSXC. I understand and accept that any medical costs incurred with respect to emergency medical treatment will be my responsibility. I agree that I will, at all times during my participation in the JSXC, adhere to all safety rules and obey applicable trail signs, and regulations of the Crescent Trail system and Jensen Stables. I am of legal age and fully competent, have read this Wavier and Release and fully understand it and, if not of legal age, that my parent or legal guardian has fully read the above Wavier and Release and understands it and that I am fully bound by their signature. I understand that my name, address, photograph, voice and/or likeness may be used in promotional or advertising or documentary materials of or by GVH or their licensees. I consent to such uses and waive any rights of privacy or publicity I may have in connection with those uses.

 Date _____, 2009
 Signature of participant in ink please. Guardian required if participant is under age of 18