

For information contact:

Eric Boyce

585-944-1142

bergen5k@yahoo.com



Must be a 2010 USATF
Niagara Association

member to be eligible for
Championship Awards

For Membership:

www.USATF-Niagara.org



www.facebook.com/Bergenroadrace

Our event is timed by



MEMORIAL RUN & WALK

8:30 AM, Saturday,
August 14, 2010

Our event is hosting the



Open & Masters Championships

Jenny Kuzma's Story

Jenny Kuzma was 4 years old when she was diagnosed with CML at a regular pediatric visit. (Chronic Myelogenous Leukemia usually presents in adulthood and has no known cure except for a successful bone marrow transplant.) Jenny was treated as an outpatient at Roswell Park Cancer Institute in Buffalo with oral chemotherapy for the next 8 years. This young girl was able to lead a somewhat normal life of an elementary age student except for the weekly blood tests and frequent bone marrow aspirations.

In the summer of 1989, it was decided that since her remission times were becoming fewer and shorter, the only option left was an experimental bone marrow transplant. She and her mother went to Sloan-Kettering Hospital in New York City for the procedure. It required a 4-month stay due to complications and infections. Jenny returned home in December in time for Christmas. She returned to school part-time as a 7th Grader at Byron-Bergen Middle School.

In May 1990, spots were discovered on her lungs and she again was hospitalized. The bone marrow transplant had not been successful and she died at 13 in June 1990. A 5 K race has been held in her honor; the proceeds of which go to a scholarship given to an 8th-grade student at Byron-Bergen who fulfills the requirements of the reward.

This year's proceeds will be divided between the scholarship; Camp Good Days and Special Times and Roswell's Pediatric Unit.



Jenny Kuzma 5K
MEMORIAL RUN & WALK

DATE: Saturday, August 14, 2010

START TIMES:

7:00am Race Day Registration Opens
8:30am 5 km Race

EVENT:

Our event is Sanctioned by USATF

RACE COURSE:

Our course is certified to be accurate by USATF #NY09111KL



SPECIAL ENTRY:

Raise \$50 or more and receive free entry

ELITE ENTRY:

Free entry to any Male who has run sub 16:00 & Female sub 18:20

REGISTRATION:

By July 31st \$15
By August 13th \$20
Day of Race \$25

PRE-REGISTRATION:

At Fleet Feet Sports, 2210 Monroe Avenue on August 13th
Online Registration available at www.USATF-Niagara.org

AWARDS:

Overall Masters
1st \$300, 1st \$100
2nd \$150,
3rd \$100
\$200 Course Record Bonus
Kyle Heath '09 14:36
Amanda LoPiccolo '09 17:25

USATF NIAGARA AWARDS:

Open Masters
1st \$250 1st \$100
2nd \$125
3rd \$50

\$200 Time Bonus
Men sub 14:50 & Women sub 17:00
\$200 Masters Age Grade Bonus 89%>

AGE GROUP AWARDS:

5 year age groups: 19 & under through 70 plus

DIRECTIONS:

Race registration is located at 51 South Lake Avenue, Bergen NY 14416

T-SHIRTS:

T-shirts are guaranteed to the first 200 race entrants.

Must complete entry form, sign, & date

Name_____

email _____

Address_____

City/State/Zip_____

Telephone#_____

Age on 8/14/10_____

USATF Membership#_____

T-shirt (circle size) - S, M, L, XL

Sex (circle one) - male, female

By July 31st \$15 = _____

By August 13th \$20 = _____

Day of Race \$25 = _____

Donation to Bergen 5k = _____

Total amount enclosed = _____

Make checks payable to: Bergen 5k

Mail to: 6960 Old State Road, Bergen, NY 14416

Waiver: In consideration for the opportunity to participate in this race I hereby remiss, release and forever discharge the sponsoring organizations, their members and any other persons staffing this race in any capacity for any claims and demands as a result of participation in this event. I also certify that I am/have trained sufficiently for this event and that I am in good physical condition.

Signature or Parent Signature if entrant under 18 Date