

**2009 Genesee Valley Harriers
Fall Season
Availability Form**

Please indicate the Upstate XC Series events that you can attend.

YOUR NAME _____

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| Yes | No | Sat. 9/19: Upstate NY XC Series @ Jamesville Beach (Syracuse)...8:45am |
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| Yes | No | Sat. 10/10: Upstate NY XC Series @ Iroquois HS (SE of Buffalo)...11:00am |
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| Yes | No | Sat. 10/25: Upstate NY XC Series @ Ithaca College...11:00am |
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| Yes | No | Sun. 11/1: Upstate NY XC Series @ Seneca Park (Rochester)...11:00am |
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| Yes | No | Sun. 11/15: GVH Invitational @ Finger Lakes Community College...10:30am |
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The following events are GVH-funded events (entry/ hotel/ travel provided)

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| Yes | No | Sun. 9/20: USA 5k Road Champs @ Providence, RI (Open Men & Women) |
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| Yes | No | Sun 10/4: USA Masters 5k Road Race Championships @ Syracuse |
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| Yes | No | Sun. 10/11: US Masters 5k XC Championship @ St. Petersburg, FL (GVH Master's & Veteran Teams) |
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| Yes | No | Sun. 10/25: Mayor's Cup Races @ Boston (Open Men & Women) |
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| Yes | No | Sat. 12/12: USATF Club XC Championships @ Lexington, KY (all) |
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| Please return this form to Peter Glavin <i>no later than Tuesday, September 15</i> | | |
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